












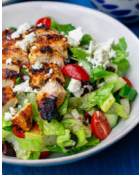
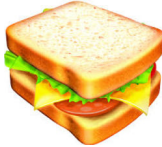







# Step Ahead Ashburton - Huitānguru/February 2025

Rāapa - Wednesday 5 <sup>th</sup>	Rāapa - Wednesday 12 <sup>th</sup>	Rāapa - Wednesday 19 <sup>th</sup>	Rāapa - Wednesday 26 <sup>th</sup>
10:00 Coffee Morning	10:00 Coffee Morning	10:00 Coffee Morning	10:00 Coffee Morning
10:30 What's Happening - discuss what is happening in the community this month	10:30 Timebank talk with Kate - learn about the Ashburton Timebank	10:30 Visit Princes Court Rest Home - share a simple craft activity with the residents <b>or</b> 10:30 Word Games and Quizzes	10:30 Acrylic Painting - all materials provided (\$2)
11:00 Outdoor Games 	11:00 Decoupage/Collage - all materials provided (\$2) 		
12:00 Bring Lunch 	12:00 Bring Lunch 	12:00 Bring Lunch 	12:00 Bring Lunch 
	1:00 Ashburton Domain - feed the ducks and enjoy a wander		1:00 Rock Painting - all materials provided
1:00 Drive to South Rakaia Huts - walk and a cuppa. Return by 4pm 	11:00 Walk to Sharplin Falls in Staveley - wear walking shoes and bring lunch, water, sunhat and sunscreen. Return by 3pm 	1:00 Visit Chinese Settlement - Robert King will talk to us about his family connection to the settlement followed by a cuppa at the river <b>or</b> 1:00 Needle Felting - all materials provided (\$2)	<b>10:30 Day Trip to Christchurch</b> Visit multi-sensory experience at Pioneer Stadium (\$5) Bring lunch and water Visit Mona Vale Gardens Return by 4:30pm

**Ashburton Domain Pavilion, Walnut Avenue**  
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Rāmere - Friday 7 <sup>th</sup>	Rāmere - Friday 14 <sup>th</sup>	Rāmere - Friday 21 <sup>st</sup>	Rāmere - Friday 28 <sup>th</sup>
<p>10:00 Coffee Morning</p> <p>10:30 Board Games and Puzzles <b>or</b> 10:30 Help to Prepare Midday Meal</p> 	<p>10:00 Coffee Morning</p> <p>10:30 Have a Go at Knitting with Sandy - all materials provided (\$2) <b>or</b> 10:30 Open Craft - bring your own craft project to work on</p> 	<p>10:00 Coffee Morning</p> <p>10:30 Member/Staff Liaison Meeting</p> <p>11:00 Housie - bring a (\$2) prize or play for fun <b>or</b> 11:00 Enabling Good Lives Appointments - check book for time slots</p>	<p>10:00 Coffee Morning</p> <p>10:30 Open Craft - bring your own craft project to work on <b>or</b> 10:30 Mosaics (\$4) plus cost of board (\$5) first board free</p> 
<p>12:30 Midday Meal - Chicken Salad and Fruit (\$4.50)</p> 	<p>12:00 Bring Lunch</p> 	<p>12:00 Bring Lunch</p> 	<p>12:30 Bring Lunch</p> 
<p>1:30 Open Craft - bring your own craft project to work on</p> 	<p>1:00 Swim at EA Networks (\$2) <b>or</b> 1:00 Frisbee Golf (\$2)</p> 	<p>1:00 Open Day - invite your family and friends along to Step Ahead for the afternoon to try glazing a ceramic dish or tile/decorate the items you made in January</p>	<p>1:00 Neighbourhood Walk <b>or</b> 1:00 Tie-Dying - all materials provided (\$2)</p> 

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